

CONTINUING PERSONAL AND PROFESSIONAL DEVELOPMENT POLICY

The purpose of Continuing Personal and Professional Development (CPPD) is the development and enhancement of personal skills and abilities to ensure the best practice of healing, in line with current professional guidelines. CPPD is about the commitment to on-going learning about healing, spirituality and spiritual self-development.

The CPPD requirement is the same whether you: have a thriving private healing practice; regularly work as a healer in a professional therapy centre or in a medical setting; occasionally or informally offer your services voluntarily as a healer or, only offer healing to friends and family.

Continuing Personal and Professional Development can take many forms:

- Attendance at the *Omnes Healing*:
 - monthly *Let's Talk...* discussion group
 - monthly Student/Healer Support Group
 - weekly *Omnes Healing Centre*
 - development courses
 - occasional CPPD workshops
 - Annual Gathering
- Attendance at other healing / spiritual workshops or
- Reading books and articles on healing and spirituality
- Writing a book review for *Omnes Voice*. The review acts as the CPPD evidence that you have read the book
- Reading journals or research papers on the latest research on aspects of spirituality and healing
- Meditative practices
- Distant healing
- Contact or Virtual face-to-face healing
- Time spent healing at a healing centre, a hospital or hospice, a prison or a GP surgery
- Giving talks on aspects of healing in formal or informal events
- Taking part in discussion groups with friends and fellow healers on aspects of spirituality and healing
- Healing animals and plants
- Mentoring, both giving and receiving
- Writing an article for inclusion in *Omnes Voice* or a similar spiritual publication
- Research about an aspect of spirituality, especially where it leads to the publication of an article in a reputable healing journal



How many hours of CPPD are required?

The Confederation of Healing Organisations and the National Occupational Standards for Complementary Therapies require 15 hours of CPPD per year, of which 10 hours must be directly relevant to the discipline for which they are registered. The other 5 hours may be more general learning to support their overall development as a professional practitioner.

Logging CPPD activities on a regular basis makes it easier to manage. It's amazing how quickly it builds up and soon exceeds the minimum 15 hours, simply because there are so many ways to achieve it.

All you need to do is record the activity, some reflections on it and the date and length of time it took.

A downloadable CPPD Log is available in the website **Members Section 'Official Documents'**.